* Initial Data Collection
* Progress Collection

Google Forms

* Mass email distribution

Mail Chimp

* Post Course questionnaire

Email System

Change management system

Slack

Asana

Vimeo

Content

* Initial Data
* Questionnaire results

Google Sheets

* Monthly Questionnaire
* Commitments
* Monthly Feedback

Line Manager

Users

* Video Storage
* Community
* Module Management
* Messaging service
* Internal Analysis
* Feedback loop
* Internal Analysis
* Feedback loop

UEA

M.I

* External Health Data

Various Apps

* Everything
* ‘Headspace module’

Welltory

Headspace

Learnworlds